



CONFESSIONS FOR HEALTH

- I FEAR THE LORD AND TURN AWAY FROM EVIL. THE WORD OF GOD IS HEALTH TO MY NAVEL AND MARROW TO MY BONES (PROV 3:7-8).
- I ATTEND TO THE WORD OF GOD. IT DOES NOT DEPART FROM MY EYES AND I KEEP IT SAFELY IN MY HEART. IT IS LIFE TO ME AND HEALTH TO ALL MY FLESH (PROV 4:20-22).
- THE WORDS OF GOD ARE PLEASANTRIES TO ME AND AS A HONEYCOMB, SWEET TO MY SOUL AND HEALTH TO ALL MY BONES. (PROV 16:24).
- I GIVE TO THE LESS PRIVILEGE AND SAVE THE HUMBLE FROM DISGRACE AND REPROACH. MY LIGHT BREAKS FORTH AS THE MORNING, AND MY HEALTH SPRINGS FORTH SPEEDILY (IS 58:7-8).
- I SERVE THE LORD AND HE BLESSES MY FOOD AND MY DRINK AND ENSURES THAT THERE IS NO SICKNESS IN MY LIFE (EXO 23:25).
- MY FLESH IS FRESHER THAN THAT OF A CHILD, MY MOUTH IS SATISFIED WITH GOOD THINGS, MY YOUTH IS RENEWED LIKE THAT OF AN EAGLE, SO I RUN AND DO NOT GET WEARY, AND I WALK AND DO NOT FAINT (JOB 33:25; PS 103:5; IS 40:31).
- GOD HAS NOT GIVEN ME A SPIRIT OF FEAR BUT OF POWER, LOVE, AND A VERY SOUND MIND HENCE MY FLESH IS FULL OF LIFE. (PROV 14:30; 2 TIMOTHY 1:7).
- BECAUSE I HAVE THE SON OF GOD, THEN I HAVE OVERWHELMING LIFE. THEREFORE, VIRUS, DISEASE, BACTERIA, OR GERMS THAT COMES NEAR ME IS CONSUMED BY LIFE AND DIES INSTANTLY (JOHN 10:10).
- EVERY CELL, EVERY TISSUE, EVERY ORGAN, AND EVERY SYSTEM IN MY BODY FUNCTIONS PERFECTLY AND IS IN ORDER AND IN A STATE OF GRACE WHEREBY GOD IS GLORIFIED IN MY MORTAL BODY (TITUS 1:5).
- THE SAME SPIRIT THAT RAISED JESUS FROM THE DEAD DWELLS INSIDE OF ME AND IS GIVING LIFE CONTINUALLY TO MY MORTAL BODY (ROM 8:11).
- I PROSPER AND I LIVE IN GOOD AND DIVINE HEALTH EVEN AS MY SOUL PROSPERS (3 JOHN 2).

DAILY CONFESSION



- I GIVE ATTENTION TO THE WORD OF GOD SPOKEN TO ME, I KEEP AND OBEY THE WORD, THEREFORE THE LORD BLESSES ME AND ENSURES NONE OF THE SICKNESSES THAT COMES UPON THE NATIONS OF THE EARTH COMES NEAR ME (DEUT 7:12-15; EXO 15:26).
- I HAVE A MERRY HEART THAT BENEFITS MY BODY LIKE AN APPROPRIATE MEDICINE, SO THAT MY BONES MOVE EASILY WITHOUT ANY PROBLEMS AND ARE STRENGTHENED (PROV 17:22).
- AND THESE SIGNS FOLLOW ME AS A BELIEVER. IN THE NAME OF JESUS, I CAST OUT DEVILS, I SPEAK WITH NEW TONGUES, I TAKE UP SERPENTS WITHOUT ANY HURT AND IF I ACCIDENTALLY EAT OR DRINK ANY POISON WHATSOEVER, IT SHALL BY NO MEANS HURT ME, AND WHEN I LAY HANDS ON THE SICK, THEY RECOVER (MARK 16:17-18).
- GOD HAS BROUGHT ME FORTH WITH JOY AND GLADNESS, SILVER, AND GOLD. HE ALSO MAKES SURE THAT EVERY SINGLE PART OF MY BODY IS STRENGTHENED (PS 105:37).
- MY EYES SEE AND SHALL NEVER BE DIM, MY EARS HEAR AND HEARKEN (IS 32:3).
- I SHALL GROW TO A RIPE OLD AGE, AND IN MY OLD AGE, I WILL BE FRUITFUL AND FLOURISH EXCEEDINGLY. MY EYES WILL NOT BE DIM AND MY STRENGTH WILL NOT ABATE (DEUT 34:7; PSALM 92:14).
- BLESSED IS THE FRUIT OF MY BODY (DEUT 28:4).